AUTODOC CLUB

How to change front anti roll bar links on **Opel Astra H saloon** – replacement guide

VIDEO TUTORIAL



Important!

This replacement procedure can be used for:
OPEL Astra J Sports Tourer (P10) 1.4 (35), OPEL Astra J Sports Tourer (P10) 1.6 (35), OPEL Astra J Sports Tourer (P10) 1.4 Turbo (35), OPEL Astra J Sports Tourer (P10) 1.6 Turbo (35), OPEL Astra J Sports Tourer (P10) 1.3 CDTI (35), OPEL Astra J Sports Tourer (P10) 1.7 CDTI (35), OPEL Astra J Sports Tourer (P10) 2.0 CDTI (35), OPEL Astra H Caravan (A04) 1.6 LPG (L35), OPEL Astra H Caravan (A04) 1.4 LPG (L35), OPEL Astra G CC (T98) 1.2 16V (F08, F48), OPEL Astra G CC (T98) 1.6 (F08, F48), OPEL Astra G CC (T98) 1.6 16V (F08, F48), OPEL Astra G CC (T98) 1.8 16V (F08, F48), OPEL Astra G CC (T98) 2.0 16V (F08, F48), OPEL Astra G CC (T98) 1.7 TD (F08, F48), (+ 241)

The steps may slightly vary depending on the car design.

REPLACEMENT: ANTI ROLL BAR LINKS – OPEL ASTRA H SALOON. TOOLS YOU MIGHT NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Torque wrench
- Combination spanner #17
- Combination spanner #18
- Drive socket # 17
- Drive socket # 18
- HEX bit No.H5
- Wheel impact socket #17
- Ratchet wrench
- Wheel chock

BUY TOOLS

AUTODOC recommends:

- Replace the stabiliser links on Opel Astra H saloon in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- Please note: all work on the car – Opel Astra H saloon – should be done with the engine switched off.

CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:

1 Secure the wheels with chocks.

2 Loosen the wheel mounting bolts. Use wheel impact socket #17.



3 Raise the front of the car and secure on supports.



4 Unscrew the wheel bolts.



AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts. Opel Astra H saloon

5 Remove the wheel.



6 Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



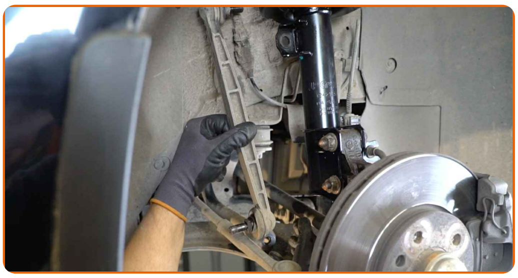
7 Unscrew the fastener connecting the stabilizer link to the shock strut. Use a combination spanner #18. Use a drive socket #17. Use a ratchet wrench.



8 Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #18. Use a combination spanner #17.



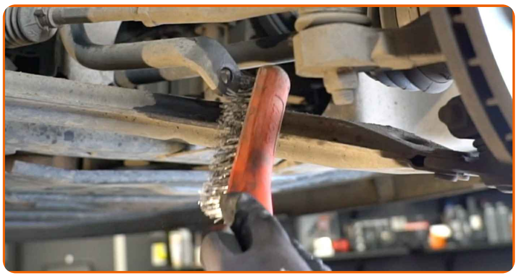
9 Remove the stabiliser link.



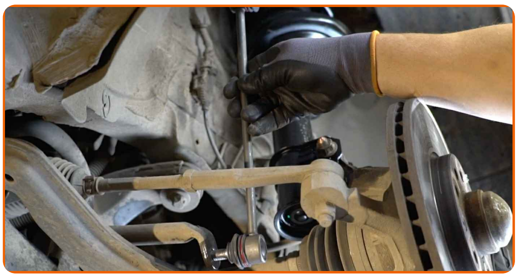
Replacement: anti roll bar links – Opel Astra H saloon. Tip from AUTODOC experts:

- Examine stabiliser bushes. Replace them if needed.

10 Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



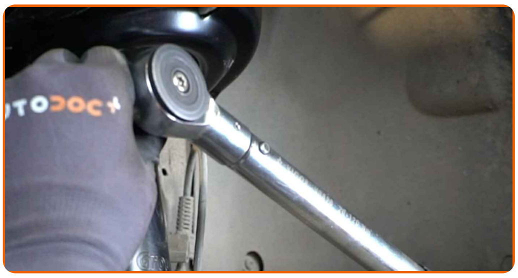
11 Install the transverse stabilizer link.



12 Tighten the stabiliser link fastener. Use a combination spanner #18. Use HEX No.H5.



13 Tighten the fastener connecting the stabilizer link to the shock strut. Use a combination spanner #18. Use a drive socket #18. Use HEX No.H5. Use a torque wrench. Tighten it to 55 Nm torque.



14 Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #18. Use a drive socket #18. Use HEX No.H5. Use a torque wrench. Tighten it to 55 Nm torque.



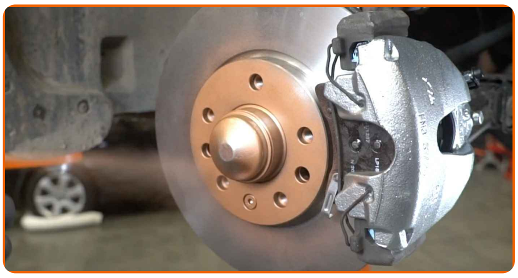
15 Treat all joints of the stabiliser link. Use copper grease.



16 Clean the wheel rim mounting seat. Use a wire brush.



17 Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



18

Clean the brake disk surface. Use a brake cleaner.



AUTODOC recommends:

- Replacement: anti roll bar links – Opel Astra H saloon. After applying the spray, wait a few minutes.

19

Install the wheel.



AUTODOC recommends:

- Important! Hold the wheel while screwing in the fastening bolts. Opel Astra H saloon

20

Screw in the wheel bolts. Use wheel impact socket #17.



21 Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 110 Nm torque.



22 Remove the jacks and chocks.

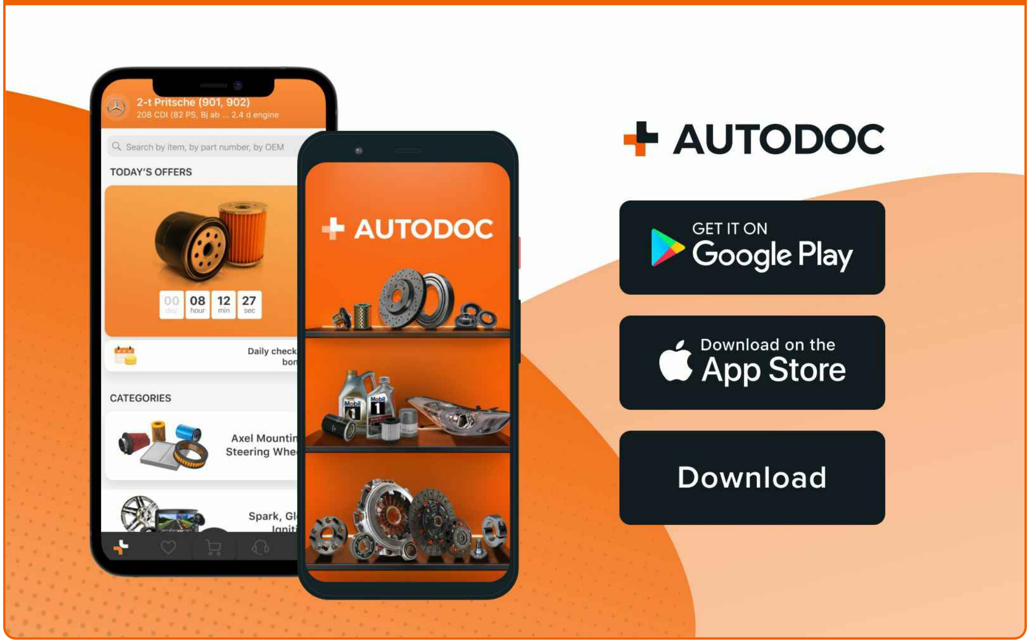


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